



# Welcome to Bangkok



**In Remembrance of Her Majesty Queen Sirikit, The Queen Mother of Thailand**

**We extend our deepest condolences on the passing of Her Majesty Queen Sirikit The Queen Mother. Her lifelong dedication to the people of Thailand, her leadership in preserving Thai culture, and her tireless work in social development leave a legacy that will remain an inspiration for generations.**

**We join the nation in honoring her memory and expressing our heartfelt sympathy to the Royal Family and the people of Thailand during this time of mourning.**

# Thailand

**Language: Thai is the official language, but English is widely understood in tourist areas. Don't worry, by the time you leave you'll be able to speak a few words already!**

**Religion: Thai culture is heavily influenced by Buddhism, which is not just a religion but a way of life. Temples, or "wats," are integral to Thai communities, serving as centers for religious practice, education, and community gatherings.**

**Climate: The rainy season is from April to October. When it rains, it rains hard, but usually not for very long.**

**Sabai Sabai is a way of life and an expression to relax and enjoy the flow of any situations.**





# Thailand

**Currency: Thai Baht (THB). Credit cards are accepted in some places, small businesses prefer cash. ATMs are widely available, however there's a 220 THB fee ( $\approx$  6.5 USD) for foreign cards (yes, even Revolut!).**

**Cuisine: Thai food is full of flavor! Expect a balance of sweet, sour, salty, and spicy in most dishes. Be adventurous, stay hydrated & be mindful of the spice levels, it can be quite hot!**

**SIM Card: You can buy one physical SIM card at the airport (8 days card  $\approx$  300 THB / 9 USD) or an e-SIM prior to your arrival.**

# Useful apps to download

The logo for Grab, featuring the word "Grab" in a stylized, rounded green font.The logo for Bolt, featuring the word "Bolt" in a bold, green, sans-serif font with a small green dot above the letter 'o'.

**Grab**  
Grab is Thailand's most used ride-hailing app. It offers car rides, motorbike taxis, food, groceries, and parcel delivery. It's easy for foreigners, with reliable drivers, clear pricing, and flexible payment options.

**Bolt**  
Bolt is a ride-hailing app similar to Grab but usually cheaper, especially for short trips in Bangkok. It mainly offers car rides and motorbike taxis, with generally faster pickups but slightly smaller coverage.

**Line Man**  
Line Man offers food delivery, taxis, and parcel services. It has excellent local restaurant coverage, good prices, and is widely used thanks to its integration with Wongnai, Thailand's biggest review platform.

**MuvMi**  
MuvMi is an eco-friendly tuk-tuk service operating in fixed Bangkok zones. The app shows nearby vehicles, allows instant booking, and tracks rides in real time. It's often faster than taxis in busy areas, with clear and affordable pricing.

**Line**  
Thailand's main messaging app, similar to WhatsApp. People use it for everything: chatting with friends, contacting restaurants, hotels, and service providers. Foreigners can use it to reach businesses, get booking confirmations, and stay connected locally.

# How to get around



**BTS (Skytrain)**  
The BTS skytrain is an excellent way to get around Bangkok. It is relatively cheap, reliable, and very frequent. If you want to avoid queues, I suggest you buy a Rabbit Card.



**Airport Link**  
The Airport Link is a quick and easy way to travel between Bangkok Suvarnabhumi airport and the downtown area. With a travel time of between 17 and 30 minutes, the train is a good alternative to taxis and buses to get into the city.



**MRT**  
The MRT is an underground subway line. It's a fast, clean, safe and efficient way of getting around Bangkok. It complements the BTS system, and the two networks connect five stations on the network. The MRT also connects to the Airport Link.



**Taxi**  
Getting around Bangkok by taxi is the easiest and most convenient, besides taking the BTS and MRT. Metered taxis now predominate, but sometimes you may have to politely (but firmly) ask them to switch the meter on to save negotiating later.

# How to get around



**Tuk Tuk**  
**Tuk Tuks are usually more expensive than other transportation methods, but fun for short trips! Make sure you negotiate the price before the ride to avoid being scammed.**



**Electric Tuk Tuk**  
**MuvMi offers quick, reliable rides in electric tuk-tuks for up to 6 people. You book through the app, join a shared route, and hop off within the zone you choose. It feels like a mix between a tuk-tuk and a shuttle. Perfect option for those distances too far to walk, but too close to hail a taxi.**

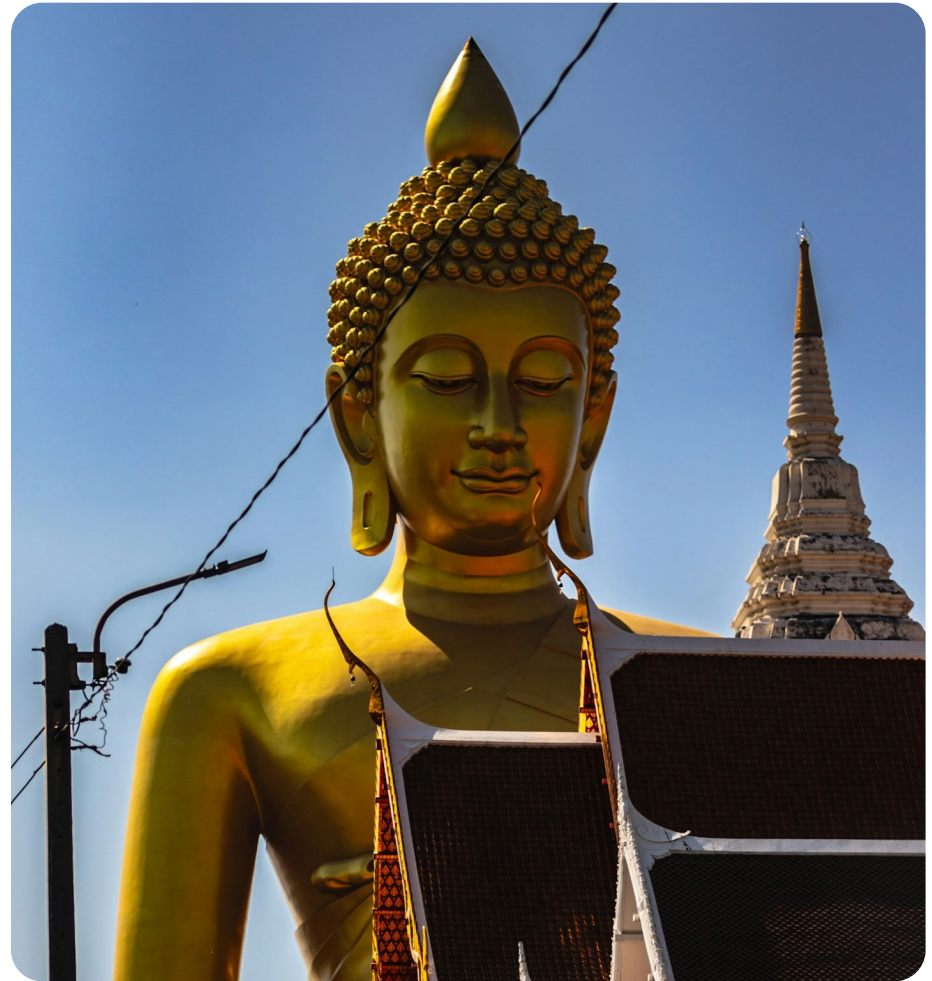


**Bicycle**  
**We do not recommend you cycle through the city, due to heavy traffic and no biking lanes. But if you feel like cycling, check out the Green Lung which is just a boat ride away & great for a day in the green. Local food and markets, along with cute treehouse-style coffee shops are to be found too.**



**Walk**  
**Bangkok got some great parks in case you miss the green and need your morning or evening run! Try Lumpini, Benchakitti or Benchasiri to begin with, all along or around Sukhumvit and Silom areas.**

# Do's & Don'ts





# Do's



1. Greet in Thai language:  
**Sawadee kha - if you're female**  
**Sawadee krub - if you're male**
2. Respect places, especially temples and religious sites  
**(i.e. dress appropriately)**
3. Be friendly to locals & tourists
4. Learn "Taxi Thai" to get around easier  
**(see appendix)**
5. Try Thai Street Food
6. When people smile at you, smile back
7. Tip when you go for a massage  
**(THB 50 - 100 is good custom)**
8. If you hear the Thai National anthem played at 8 AM and 6 PM daily, please stop what you are doing, stand up and be silent until it is finished
9. Have fun!

# ✘ Don'ts



1. Ask for a knife when eating Thai food  
eat it with utensils provided (usually a fork and a spoon), the food is generally served in bite size
2. Touch someone's head, it's impolite
3. Place your handbag on the floor, it's disrespectful.  
Your wallet is inside & in it, bank notes with the king's face imprinted on it
4. Litter trash on the streets. Also don't do that in any other country ;-)
5. Point your toes at someone



# The FUN Stuff

# Rooftop Bars



RedSky  
(Centara Grand)



OCTAVE  
(Marriott)



TRIBE  
(Emsphere)



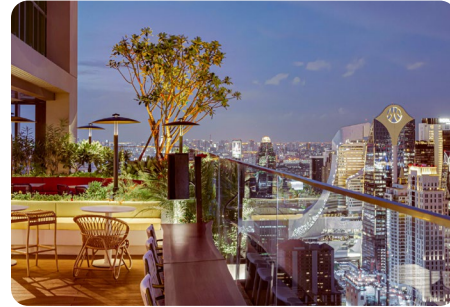
Vertigo & Moon Bar  
(Banyan Tree)



TICHUCA



Above Eleven



Bar Yard  
Kimpton Maalai



Pastel

# Night Clubs



**Havana Social**  
(Latin)



**Sing Sing Theater**  
(Tech House)



**APT 101**  
(Disco, House, Hip-hop)



**Baccarat**  
(Tech House)



**Mustache\***  
(Techno)

*\*Clubs that are more underground*



**Rim**  
(Hip-hop, R&B)



**Salone**  
(Hip-hop, R&B)



**Upper House**  
(Hip-hop)

# Popular Streets



Kao San Road



Sukhumvit Soi 11  
(Nana)



Soi Cowboy



Silom Soi 4



Yaowarat Road  
(Chinatown)



Ong Ang Walking  
Street



Song Wat Road

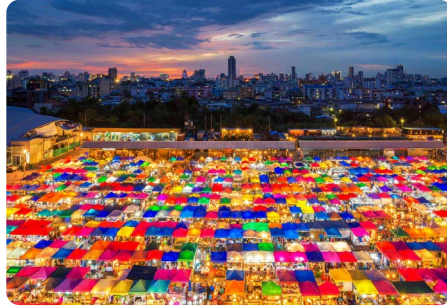


Siam Square

# Markets



Chatuchak



Train Market



Klong Toei Market



Jodd Fairs



Or Tok Kor Market



Asiatique The River Front



Klong Lat Mayom  
Floating Market



Pratunam Market

# Shopping Malls



IconSiam



Emquartier



CentralWorld



Dusit Central Park



One Bangkok



Terminal 21



Emsphere



MBK

# More



**Bangkok Art and Culture Center**



**Bang Kachao  
(Bangkok's Green Lung)**



**National Museum Bangkok**



**Thai Cooking Class**



**Temples  
(Wat Arun, Wat Pho,  
Wat Phra Kaew, Grand Palace)**



**Spa & Thai Massage**



**Raja's Tailors**



**Chao Phraya River Cruise**



# The TASTY Stuff

# Some Favorites



**Nobu**  
(Japanese fusion)



**Jay Fai**  
(Crab Omelette)



**Bardo Brasserie**  
(Western)



**The Local**  
(Thai Food)



**Sabio**  
(Tapas)



**Bo.lan**  
(Michelin\*)



**Acqua**  
(Italian)



**Ministry of Crab**  
(Seafood)

# Some Favorites part II



VIVIN



BERLIN DÖNER  
(Kebab)



GIGI'S



Paii



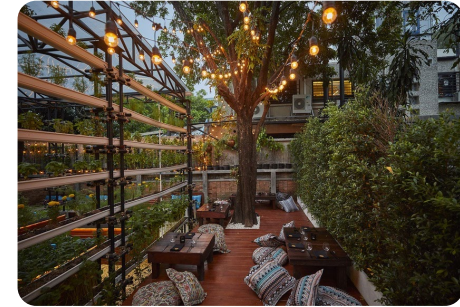
Paste



Le Café des Stagiaires



Bisou



HAOMA

# Michelin Starred



Sorn\*\*\*



Mezzaluna\*\*



Chef's Table\*\*



Côte by  
Mauro Colagreco\*\*



R-Haan\*\*



Gaa\*\*



Sühring\*\*



Baan Tapa\*\*

# Vegetarian & Vegan



Vistro



Veganerie



Broccoli Revolution



Barefood Bangkok



Rasayana Raw Food  
Cafe



May Veggie Home



Saras



The Vegan Table

# Brunch & Bakeries



Holey Bakery



Bartels



CHU'S



Sarnies



Toby's



ROAST



Patom Organic Living



Host x AMBER

# Appendix

## Taxi Thai

Someone speaks “Taxi Thai”, if they know just enough words to navigate a taxi to their destination. Most Taxi drivers don’t speak English, therefore this might come handy.

Here’s a few words to get you started:

/!\ Don’t forget to add the “kha” or “krub” at the end of the sentence (formality)!

1. Turn left  
Lieow sai [lee-you-suy]
2. Turn right  
Lieow qua [lee-you-kwaa]
3. Go straight  
Throng Bpaai [dongh bye]
4. Thank you  
Kopkhun kha/krub [cop-koon-kah/krub]
5. How much...?  
Tao rai [tau-rai]
6. Go faster  
Bpai laew [Bye lae-oo]
7. Go slower  
Cha Cha [tcha-tchaa]
8. It’s very hot!  
Rorn Mak [rron-maak]
9. I don’t want a (plastic) bag  
Mai Ao Thung [maai-au-thung]

# Contacts

- Please check your embassy/consulate contact number and save it
- AEHL Bangkok Stamm Contact

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